



## Parent Presentations

**Time:** 6:30 – 8pm (Tuesdays)

**Place:** Hamilton High School (Choir Room)

**Facilitator:** Rajani Rastogi, LMSW (HHS Social Worker)

*(Presentations are FREE and open to all Community Members – no need to register)*

### SOCIAL MEDIA SERIES

**August 14<sup>th</sup> – (Part 1) “Teen Brain Development/Social Media”**

Speaker – Travis Webb, LCSW – psychotherapist, specializing in  
in trauma, addiction, adolescents and family therapy

**August 28<sup>th</sup> – (Part 2) “APP training 101 for Parents/Cyberbullying”**

Speaker – Leslie Russell, Community Outreach and Education Coordinator  
with Arizona Attorney General Office

**September 18<sup>th</sup> – (Part 3) “Beware of Exploitation on the Worldwide Web”**

Speaker - Frank Griffiths – Owner/Producer of Aether Multimedia  
Company, Computer Forensics Examiner and Special Agent  
for Arizona Attorney General Office

### MENTAL HEALTH SERIES

**October 23<sup>rd</sup> – (Part 1) “Mental Health Diagnosis, Stigma and Treatment Options”**

Speaker – Dr. Brad Zehring, DO, Psychiatrist at AZ Restorative  
Psychiatry

**November 6<sup>th</sup> – (Part 2) “Suicide Prevention”**

Speaker – Stephanie Roe and Morgan Phillips, MSW, Teen Lifeline  
Specialists

**December 4<sup>th</sup> – (Part 3) “Taking Care of Yourself / Stress Reduction”**

Speaker – Andrea Samadi, BA in Education, Author of Book “Level Up”

**January 15<sup>th</sup> – (Part 4) “Signs of Depression and Anxiety”**

Speaker - Michael Klinkner MSW, LCSW, BCPTSDC

**February 5<sup>th</sup> – (Part 5) “Benefits and Side Effects of Antidepressant Use”**

Speaker - Dr. Brad Zehring, DO, Psychiatrist at AZ Restorative  
Psychiatry



**February 26<sup>th</sup> – (Part 5) “Rise in Teens struggling with Eating Disorders”**

Speaker - Dr. Brad Zehring, DO, Psychiatrist at AZ Restorative Psychiatry

**EFFECTIVE COMMUNICATION SERIES**

**March 5<sup>th</sup> – (Part 1) “Communication and the Teen Brain”**

Speaker – Garron Griffiths, LCSW – psychotherapist, specializing in working with adolescents and families at “Reach Greater Heights” agency

**April 2<sup>nd</sup> – (Part 2) “Active Listening”**

Speaker –Angie Geren, APP, CHt – counselor and Executive Director at Addiction Haven organization.

**April 16<sup>th</sup> – (Part 3) “Building your teens’ Confidence and Self-Esteem”**

Speaker - Garron Griffiths, LCSW – psychotherapist, specializing in working with adolescents and families at “Reach Greater Heights” agency

**April 30<sup>th</sup> – (Part 4) “Healthy Communication with Parents, Friends and Dating”**

Speaker - Michael Klinkner MSW, LCSW, BCPTSDC

Please contact Rajani Rastogi, LMSW (Hamilton High School Social Worker) for consultation and resources as needed.

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Videos, PowerPoints and Handouts for presentations are available on the Hamilton High School Website (Information tab, click Social Worker and Parent Presentation link is on the left hand side.)